

CONNECTIONS

23 July 2026

Welcome back to all students, staff and families for Term 3.

On the staffing front, we welcome back Mr Greenhalgh following his Long Service Leave during Term 2, and Mr Illig, who returns after leave during Semester 1.

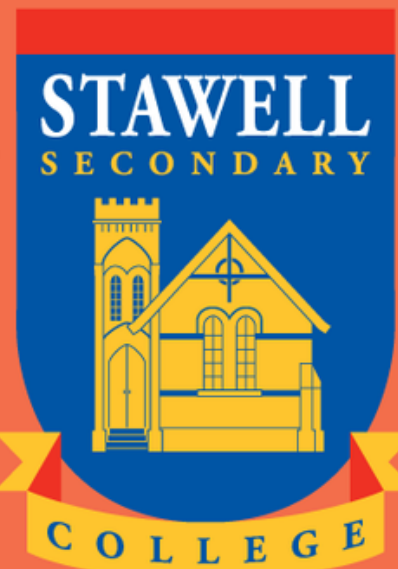
We are also delighted to welcome our new Chinese teacher, Ms Shi Zhang, who joins our College following the departure of Mr Royce Bao at the end of Term 2. We wish Ms Zhang every success as she becomes part of our school community.

Ms Barrie and Ms Koop are both on maternity leave this semester, and we extend our very best wishes to them and their families for the safe arrival of their babies.

An early highlight of this term will be our College Celebration, to be held on Sunday, 2 August, commencing at 1:00 pm. This special event will celebrate the completion of our building program and recognise a remarkable educational journey spanning almost a century and a half. While Stawell Secondary College was established in 1987, our story began much earlier—during the gold mining era—when the people of Stawell recognised that education was key to the future of their growing community. On Sunday, 2 August, we will honour the students, teachers, principals, families and community members who have shaped our school from 1882 through to 2026. We warmly invite all past and present members of our school community, including your family, to join us for this significant occasion. Guests will enjoy a presentation showcasing the rich history of our College, followed by the opportunity to tour our refurbished and new facilities, reconnect with former classmates and colleagues, and celebrate the many memories and achievements that have defined our school over the past 144 years. We will also provide afternoon tea for all of our visitors.

I would also like to draw the attention of parents and carers to an important communication from Dr David Howes, Deputy Secretary, Schools and Regional Services, Department of Education. Principals across Victoria have been asked to share this information with their school communities. Please see the accompanying letter from Dr Howes titled "Message from the Department of Education – Reports on historical child abuse in schools and Parliamentary Apology" on the last two pages of the Connections.

A reminder that the VCE Unit 3 & 4 and Vocational Major (VM) Year 12 Student Parent Teacher Student Interviews will be held from 2.30 pm to 6.00 pm Wednesday 29 July. These interviews provide an important opportunity for students and parents/carers to discuss progress, receive feedback, and plan for the remainder of the year.



To accommodate the interviews, Stawell Secondary College will have an early dismissal at 1.45 pm on Wednesday 29 July. Students who reside within the town and are not involved in an interview are expected to leave the school grounds at the 1.45 pm dismissal. Families are asked to make appropriate arrangements for transport home. Students who travel on a country bus will be provided with a normal lunch break and supervised classes for period 5. School buses will operate at the normal afternoon time. Unless pre-arranged by parents/carers, bus travellers are not permitted to leave the school.

As we begin a new term, it is a timely reminder that our core business is learning. Every student is expected to arrive at school, and each class prepared to learn, with the appropriate equipment, including books, pens, a fully charged laptop, sports gear where required, and any subject-specific materials. Our College values of Respect, Participation, Aspiration, Resilience and Inclusion underpin all expectations for staff and student learning and behaviour. These values help create a positive, safe and supportive environment where every student has the opportunity to succeed. Parents and carers play an important role in supporting their child's education.

Ensuring students attend school every day, arrive on time, come prepared for learning, complete homework and assessment tasks, and communicate respectfully with others are all important ways families can help their children achieve success. By working together, we can ensure every student is engaged in their learning, takes pride in their achievements, and contributes positively to our school community. We look forward to another productive and successful term for all students.

Murray Hart
Principal

NAIDOC Celebrations



Dalki Dalk

Term 3 began with our NAIDOC Week celebrations, held in partnership with Stawell West Primary School (SWPS) and Northern Grampians Shire Council (NGSC).

Last Wednesday, we gathered at Stawell West Primary School for a whole-school celebration of Aboriginal and Torres Strait Islander cultures. Our First Nations students proudly led a range of engaging activities, giving the primary students the opportunity to learn, connect and celebrate through meaningful, hands-on experiences.

Throughout the day, students enjoyed traditional dancing with Tanisha, who sourced local ochre for participants to use during the session. They also took part in damper making with Budja Budja, using native ingredients including wattleseed and lemon myrtle. The highlight for many was enjoying their freshly made damper with honey or jam.

In the art room, students learned about Aboriginal symbols, how to draw them, and the meanings behind them. They then used this knowledge to create their own story on a wooden boomerang.

Outside on the oval, some of our boys demonstrated their leadership by running activities featuring returning boomerangs and Marngrook football, with support from the Goolum Goolum Social and Emotional Wellbeing (SEWB) team.

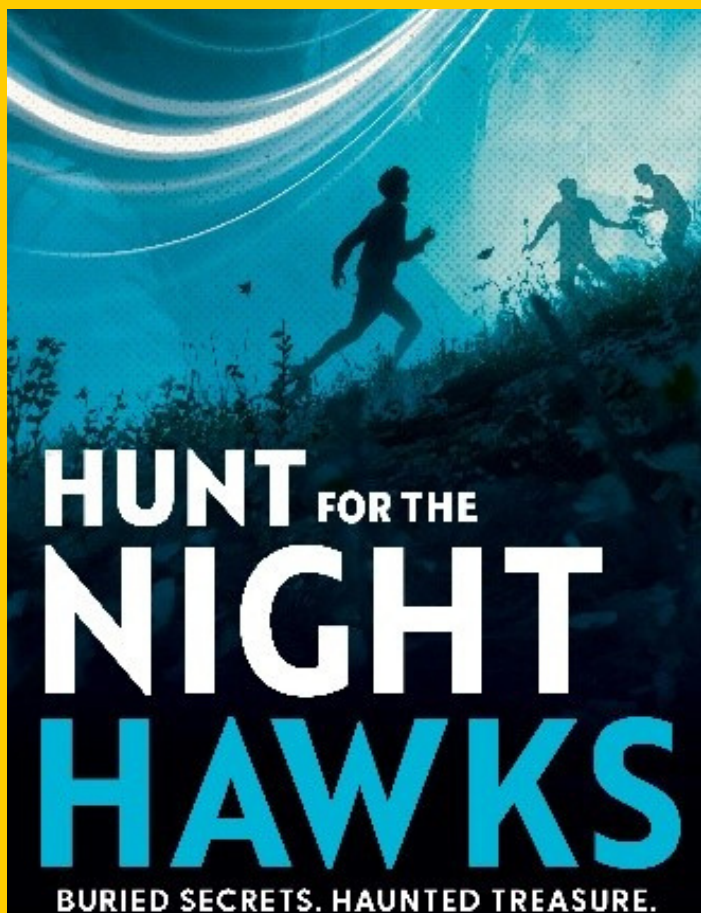
A huge thank you Tina and everyone who contributed to making the day such a success. We are incredibly proud of our First Nations students, who demonstrated outstanding leadership, confidently facilitated the activities, and helped create a day filled with learning, respect, connection and participation.



Acknowledgement of Country

Stawell Secondary College is located in the lands of the Djab Wurrung and Jardwadjali people and we acknowledge the land which we learn, work and live.

We recognise their continuing connection to land, water and community and pay respects to Elders past, present and emerging, and recognise Aboriginal and Torres Strait Islander people in our College Community.



Book of the week

Hunt For The Nighthawks **Author: Felice Arena**

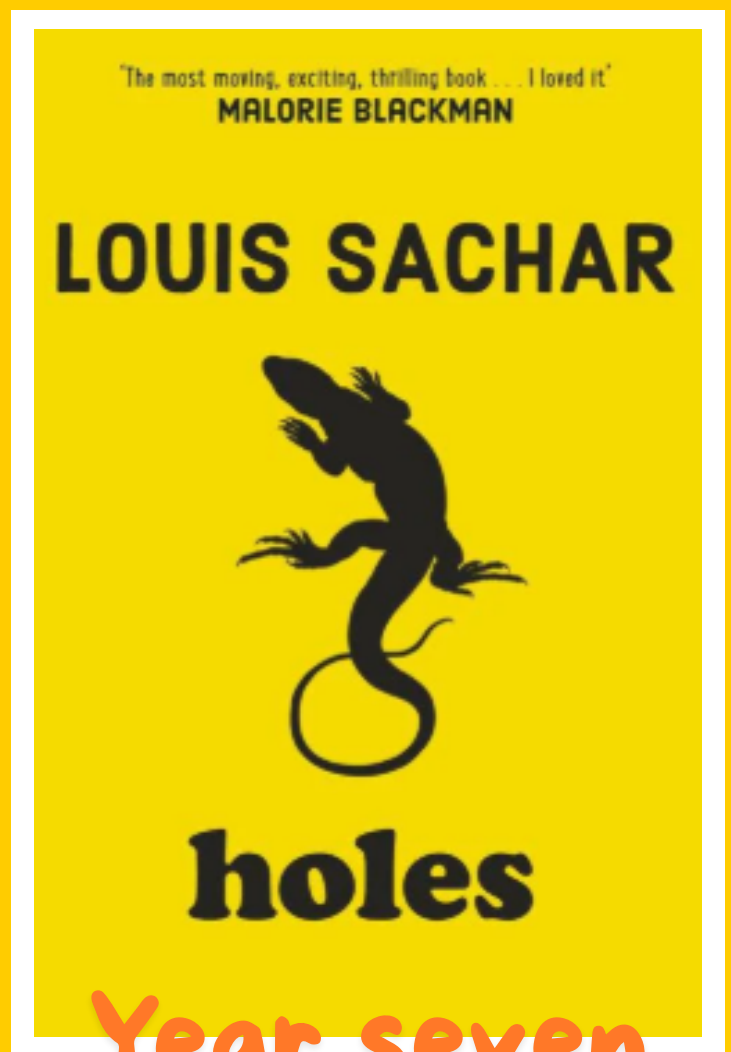
Jake is staying at his Nan's house and he can't sleep. When he sees some men digging up the meadow behind the house, he creeps out and discovers that they are digging up an ancient Roman ruin and stealing the treasures!

Soon after the ghost of a young Roman named Marcus appears to him, and urges him to get the treasures back so that his family can be at peace.

Jake and his new friends Tilly and Rabbit agree to help. It will take all their detective skills and courage, but they will uncover more than gold and silver, and the stakes are higher than they could ever imagine.

Can they manage? Or will they get into lots of trouble trying?

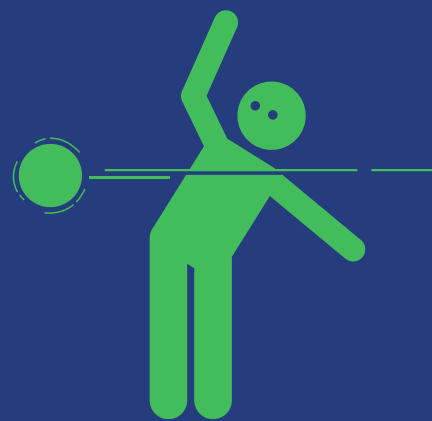
In **year 7 English** the students are reading the novel "Holes" by Louis Sachar. It is only early days but we have learnt that the protagonist's name, which is Stanley Yelnats, is a palindrome meaning it is the same spelt forwards and backwards. We have been introduced to most of the main characters and know that the setting Camp Green Lake is not a lake anymore nor is anything actually green. We look forward to learning the truth behind why the boys have to dig a hole everyday and the links between the storylines in the past and the present time.



Year seven

english

SPORT



Last day of Term 2 year 12 students participated in a game of dodge ball against the teachers, and as it usually goes in these intense games of skill, the teachers came away with the win!



CROSS COUNTRY

Olivia	
1423	
Girls 16yo	
16 July 2026	
Team : Stawell SC	
★ Add To Favourites	
Finish Time	00:13:15.78
OVERALL	18/89

SCHOOL SPORT VICTORIA



State Cross Country
Congratulation to Olivia
Hunter who represented
our school at the
Victorian Schools State
Cross Country
Championship. Olivia
placed 18th in a field of
89 with an impressive
time of 13:15.78 for 3
km.

middle SCHOOL NEWS



Well done to our students who were recognised for their 95% or more attendance. Particular mention: to Xyrus Gragasin, Milla Harrison, Edward Redford, Charlie Dunn and Kody Simpson who had 100% attendance for term 2.

CONGRATULATIONS

Congratulations to Tyson Field who successfully obtained a full-time apprenticeship after his work experience with Palmer Custom Homes in Stawell. Joel (owner) was very impressed with Tyson's work ethics and commitment that he offered him the apprenticeship which is a fantastic achievement. We wish Tyson all the best in his future career path.



We celebrate the following Middle School students who were formally recognised for displaying our school values and their attendance (over 95%) for term 2 at our end of term Student Achievement Assembly.

Year 10

Participation: William Evans

Aspiration: Shayla Madin

Inclusion: Ryder Davidson

Respect: Will Johnston

Resilience: Kody Simpson

Overall: William Evans

Year 9

Participation: Riley Hope

Aspiration: Milla Harrison

Inclusion: Jason Arreza

Respect: Callum Reading

Resilience: Aika Ramos

Overall: Xyrus Gragasin

ATTENDANCE GOAL:

Term 3 Attendance Goal: middle school students will be working collaboratively to identify our term 3 attendance goal. Attending school regularly is very important to improve student learning outcomes and we encourage all our students to ensure that they are attending school every day and attend classes with appropriate equipment and ready to engage in their learning.

NAPLAN 2026 – YEAR 7 & 9

Individual students' NAPLAN performance reports were sent to families during this week. Families are welcome to contact the school should they wish to discuss their child's performance and progress in more depth.

We congratulate all our Year 7 & 9 students who displayed our core values throughout the testing period, in particular the Year 7 students who were challenged with the statewide technical issues and still maintained a positive attitude. For our Year 9 students, this was their last NAPLAN tests and we acknowledge their efforts in completing these tests since Year 3. Congratulations to the following year 9 students who received a Certificate of Achievement for a high growth and an increase proficiency numeracy level: RJ Debono, Rhenz Enriquez, William Hodder and Caitlyn Bell. These students will be formally recognised at our end of term assembly.





CAREERS DAY



2026

STUDENTS

Industry guest speakers will attend Stawell Secondary College to discuss their job in a range of different areas.



Friday

24th July 2026



Time

Period 4



Stawell Secondary College

[Click here to register](#)



Year 10 Health Discovery Day



Scan to register your school
For more information, please contact
pathways2health@deakin.edu.au



Health Discovery Day

10am-2:15pm
Hamilton May 21 – at The Hamilton & Alexandra College
Horsham August 11 – Coughlin Park Community Centre
Ararat August 12 – East Grampians Health

Health Discovery Day – This program combines Nursing, Medical Imaging, Occupational Therapy & Medicine, Nutrition and Exercise science and tests your skills on taking medical observations, infection control and helping patient Ritaback to independent living.

Students get the opportunity to investigate health career pathways and will have a better understanding of university systems and career literacy.

Facilitated by current Deakin Health students and Health Professionals



HEALTH DISCOVERY DAY

Registrations Now open - for Year 10 Students Only

This day is for any Year 10 student that is interested in learning more about Health careers - with hands on practical experiences in the areas of:

- Nursing
- Medical Imaging
- Occupational Therapy
- Medicine
- Nutrition
- Exercise science

Only for interested students – not compulsory – places are limited and registrations need to be received to Cindy by the end of this week.

SUBJECT SELECTIONS for 2027



Year 8 into Year 9 / Year 9 into Year 10 / Year 10 into Year 11

SUBJECT EXPO: Friday 31st July, 2026

- staff present on their subject area for 2027 – Parents/Carers welcome to attend
- This expo will be conducted onsite at Stawell Secondary College Periods 3 & 4 (11.45am-1.40pm) to allow students to make informed decisions regarding their subject selections for 2027
- Current Year 8 students will select their Year 9 2027 electives in week 4

SUBJECT SELECTION INTERVIEWS online

All interviews will be conducted online/telephone. Parents/carers are encouraged to attend interview, if possible.

10-14 August – Year 10 2027 subject selection interviews

17-21 August – Year 12 2027 subject selection interviews

24-28 August – Year 11 2027 subject selection interviews

* There are no student free days during the subject selection weeks – timetabled classes will operate as normal

To book Subject Selection Interviews please go to our College website at:

stawellsc.vic.edu.au

Scroll down to

2027 Subject Selection orange widget – click BOOK NOW

Submit your preferences - by 4th August



Cindy Bibby,
Registrar Cindy Bibby
T: 03 53581700
E: cindy.bibby@education.vic.gov.au

VCE NEWS

Looking Ahead to a Busy Term 3

Term 3 is one of the busiest and most important terms for our VCE students. Alongside their regular classroom learning, students will be preparing for SACs, practice examinations, and external assessments. We are also exploring additional external support opportunities, including revision programs and tutoring, to further assist our students in achieving their best.

Unit 3 & 4 Parent, Student and Teacher Interviews

We would like to remind all Unit 3 and 4 VCE students and their parents to book interview sessions with their subject teachers and the VCE Coordinator before bookings close. These interviews provide a valuable opportunity to discuss student progress, receive feedback, ask questions, and work together to support each student's success.

Youthrive Scholarship Applications

Thank you to all Year 12 students who have submitted their Youthrive Scholarship applications. If you are still interested in applying, please ensure you are aware of the application closing date and submit your application before the deadline.

CHES and Higher Education Studies (HES) Applications

Students interested in CHES VCE subjects or Higher Education Studies (HES) are reminded to check the relevant application closing dates. Please refer to the emails sent to students and parents for detailed information, important dates, and application requirements.



VCE Report

As we begin Term 3, we would like to congratulate our VCE students on the commitment and dedication they demonstrated throughout the holiday break and at the end of Term 2.

Holiday Onsite Workshops

A sincere thank you to the students who attended our onsite holiday workshops. It was fantastic to see so many students using their break productively by revising course content and seeking additional support from tutors. Your dedication and positive attitude are commendable.

Year 12 Practice Exams

During the final week of Term 2, our Year 12 students completed a series of practice examinations. These exams provided valuable experience under exam conditions and helped students identify areas for further improvement as they prepare for their final VCE examinations later this year.

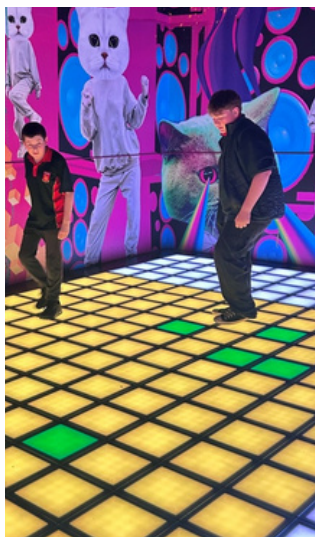
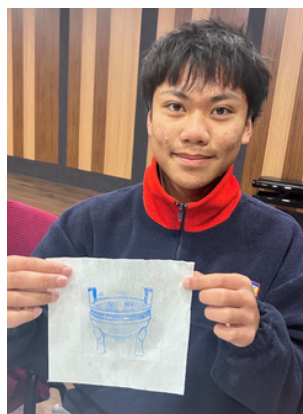


We wish all our VCE students a productive and successful Term 3. Stay organised, seek support whenever you need it, and continue to make the most of every learning opportunity. We look forward to seeing your hard work, resilience, and perseverance throughout the term.

Year 9 Chinese Camp 2026

Our Year 9 Chinese students enjoyed an exciting and memorable two-day Chinese Camp in Melbourne from 25 - 26 June, during the final two days of Term 2. The camp combined a range of cultural learning experiences with fun team-building activities, providing students with valuable opportunities to explore Chinese culture beyond the classroom while strengthening friendships and developing independence.

The adventure began with a trip to Melbourne Central, where students enjoyed a range of recreational activities at Strike, including laser tag, challenge rooms and arcade games. These activities encouraged teamwork, communication and plenty of laughter as students challenged themselves and worked together. After dinner at The Crane Restaurant in Chinatown, students finished the evening with a lively karaoke session before returning to the camp accommodation for a well-earned rest.



Chinese Program

Day two focused on Chinese cultural immersion. Students travelled to Box Hill to participate in hands-on workshops at the Dun Huang Arts Academy, where they learned to play the traditional Chinese string instrument, the Guzheng, and experienced the excitement of performing on traditional Chinese drums. These workshops gave students a deeper appreciation of China's rich musical heritage and allowed them to explore cultural traditions in an engaging and interactive way.

Following the workshops, students shared a delicious hot pot lunch at Haidilao before exploring Box Hill's vibrant Chinese shopping precinct. Many students enjoyed browsing Chinese grocery stores, discovering new snacks and treats, and finishing the afternoon with bubble tea before beginning the journey home.

Throughout the camp, students embraced every activity with enthusiasm, supported one another, and displayed a genuine curiosity about Chinese language and culture. A sincere thank you goes to all the staff who organised and supervised the camp, making this enriching cultural experience possible.





Chinese Program

Year 8 Chinatown Excursion

Our Year 8 Chinatown excursion was a wonderful success! Students represented the school exceptionally well, demonstrating respect, enthusiasm, and a willingness to embrace every activity throughout the day.

The excursion began with an informative museum tour, where students gained a deeper understanding of Chinese history and culture. They then took part in a Chinese knot-making workshop, learning about the symbolism and significance of this traditional craft while creating their own bracelet to take home.

One of the highlights of the day was our annual Kung Fu workshop with Shifu Demin. His energy, expertise, and engaging teaching style made the session both educational and enjoyable. Students loved learning a range of Kung Fu techniques and were inspired by Shifu Demin's passion for sharing Chinese martial arts and culture. We are incredibly fortunate to have had him as our Kung Fu instructor for many years, and we sincerely appreciate the knowledge, encouragement, and enthusiasm he brings to each visit.

Lunch was another highlight, with students enjoying a traditional Chinese banquet featuring honey chicken, sweet and sour pork, beef in black bean sauce, salt and pepper chicken, three varieties of dumplings, and the ever-popular soup dumplings, which were a favourite among many students.

After all of the cultural activities, students had the opportunity to explore the local grocery stores, where White Rabbit lollies once again proved to be the most popular purchase! Many also enjoyed trying bubble tea, with the added excitement of choosing their own tea flavours and toppings to create a personalised drink.

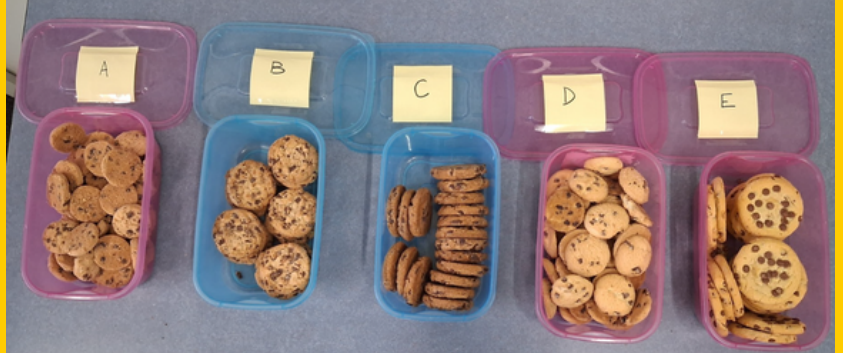
A sincere thank you to Mr West and Catherine Monument for accompanying the excursion and supporting our students throughout the day. It was a fantastic day of cultural immersion, hands-on learning, delicious food, and lasting memories for everyone involved — even though Ms Ling got us a little lost on the way to Chinatown!



Year 11 Psychology



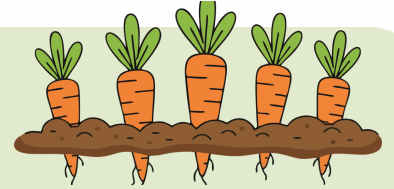
The year 11 Psychology A class have been testing the Tricomponent model of attitudes by tasting cicada larvae dipped in chocolate. The aim was to see whether an individual's thoughts and feelings matched with their behavior. Students have also been blind testing 5 varieties of chocolate chip biscuits. This was testing representative heuristics, predicting that a superior brand would be considered better.



FRIDGE

Friday

LEARNING SKILLS FOR LIFE



Middle School Fridge Friday

We welcomed 4 more students to our Middle School group. Our start to the term included some yummy dishes, with some of our donated pantry staples, donated produce and freezer leftovers from Term 2!

Well done to our students who created the delicious dishes of Apple Pie, Beef Noodle Stir Fry & Lamb Kofta Wraps.

Thankyou to all for your continued support via donated goods! Programs like Fridge Friday can only run with the support of our community



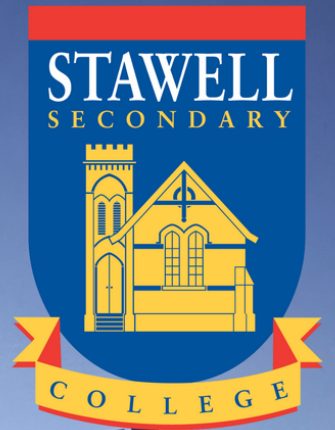
FOR OUR COMMUNITY

*Donate the most non-
perishable goods as a
house*

& Win!

PLEASE BRING ANY DONATIONS TO THE FRONT OFFICE
AND POP THEM INTO YOUR HOUSE'S DONATION BOX.
DONATIONS CLOSE 7TH AUGUST - WHICH WILL ALSO BE A
CASUAL DRESS DAY

For our Community 2026 will be a house competition for a cause. In term 3, we want to encourage students and staff from across the school to donate non-perishable goods on behalf of their house. The house that donates the most goods will be the winner, but ultimately this is a bit of friendly competition between the houses to encourage a better outcome for people facing disadvantage or food insecurity in our local community.



You're Invited

To Our College Celebration

Now that works are complete and the spaces are being utilised, come take a tour. New Administration Building, Remodelled Heritage Building, Art Rooms and Science Rooms

Date: Sunday 2 August 2026

Time: Presentation 1pm

Guided Tour from 1.30pm

Afternoon Tea Provided

Important dates

TERM 3

WEEK 1

27 July

28 July

29 July

30 July

31 July

VCE Parent Teacher Interviews
Early Dismissal Town Students

Subject Expo

WEEK 2

3 Aug

4 JAug

5 Aug

6 Aug

7 Aug

Year 9 2027 Subject Selection

WEEK 3

10 Aug

11 Aug

12 Aug

13 Aug

14 Aug

Year 10 2027 Subject Selection



ASPIRATION



RESPECT



INCLUSION

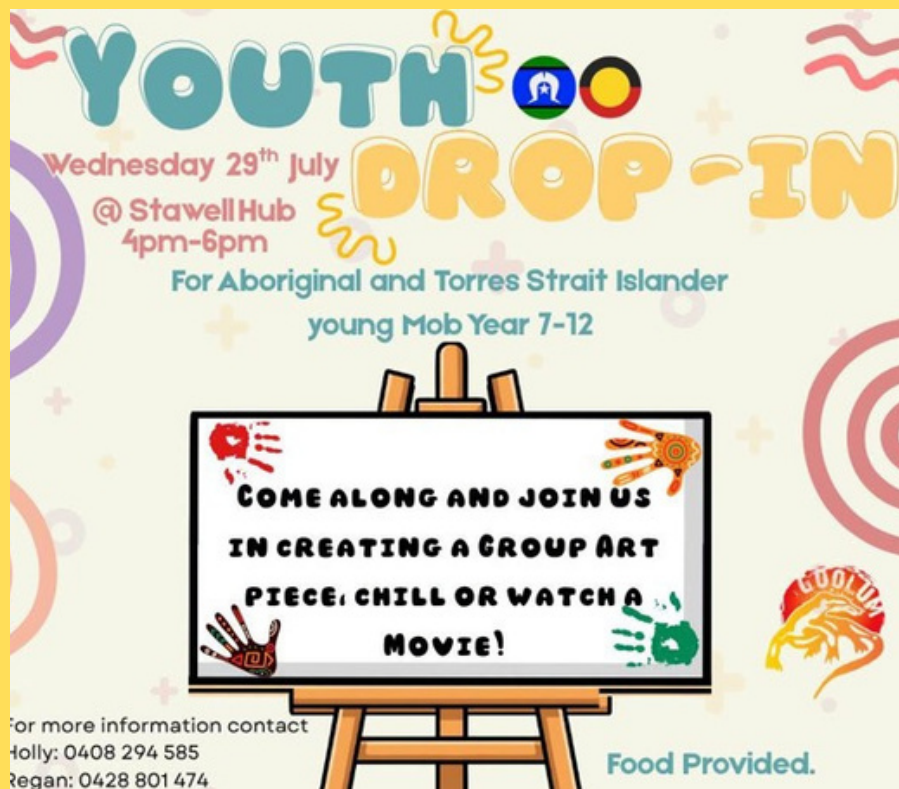


RESILIENCE



PARTICIPATION

Stawell Secondary College
(PO Box 202) 79-97 Patrick St, Stawell, Vic,
3380
T (03) 53 58 1700
E stawell.sc@education.vic.gov.au
W stawellsc.vic.edu.au



Attention Stawell Mob

Our next Youth Drop In session will be in Stawell, and we want you to help us complete a group art piece or just hang out!

Wednesday 29 July

4:00pm -6:00pm

Stawell Hub, 46 Leslie St, Stawell

All food, drinks and craft supplied

GOOLUM GOOLUM 2026 PATHWAYS TO POSSIBILITIES EXPO

Goolum Goolum are inviting all Aboriginal and Torres Strait Islander young people and families to attend the 2026 Pathways to Possibilities Expo

This initiative aims to support Mob in walking strong into:

**Education, Training, Wellbeing
& Future Opportunities**

WHEN: THURSDAY 6TH AUGUST
WHERE: HORSHAM SHOWGROUNDS
TIME: 11AM - 2PM

OUR PATH, OUR FUTURE



We've been advised that a national test of [AusAlert](#) will happen across Australia on Monday 27 July at 2 pm.

AusAlert is a new, national emergency warning system. It sends warning messages to compatible mobile devices during emergencies, to keep people informed so they can act quickly. The Australian Government plans to launch AusAlert in October 2026.

On Monday 27 July at 2 pm, all [compatible mobile devices](#) will receive a [Critical Alert](#). Compatible mobile devices include phones, tablets, smart watches, safety watches and some vehicle devices. These will vibrate and make a loud, siren-like warning sound for about 10 seconds. This will happen even if they are on silent or do not disturb. The message will clearly state that it is a test. No action is required from the test.

To minimise disruption, student phones and smart devices should always be switched off and stored securely in lockers or bags during the school day. Students who use their mobile phone as part of a documented exception can continue to do so. If appropriate, they can turn their phone off during the test.

You may also wish to let your child know that if they see or hear the alert, school staff will support them. You can learn more at [AusAlert: children and teens](#). Information is also available in other [languages](#).

Safe phones

AusAlert may increase risk for people experiencing violence, especially if they live with someone who uses violence. Alerts may expose safety devices.

If you or someone you know has a hidden device, the best way to stay safe during the test is to:

- turn off your mobile device or put it in aeroplane mode
- keep your device off or in aeroplane mode for 24 hours.

Silent mode and do not disturb will not stop the alert.

For more information, please refer to the [Staying safe with AusAlert page](#).





HOMELESSNESS WEEK 2026

WED 5th AUGUST

11:30am - 12:30pm

Pop-up Park

71 Main St, Stawell

Come together to raise awareness of homelessness.

Hear from local voices and learn more about the experiences of people facing homelessness and housing insecurity across our region.

Let's build greater understanding, awareness and compassion within our community.

**LIVE
MUSIC**

**GUEST
SPEAKERS**

**FREE
BBQ**

**ORIGAMI
HOUSE
DISPLAY**

**LIVED
EXPERIENCE
VOICES**

Everyone is welcome. Come along, connect with your community and help us raise awareness of homelessness across the Wimmera.



WIMMERA HOMELESSNESS ALLIANCE

Message from the Department of Education - Reports on historical child abuse in schools and Parliamentary Apology

Content warning: This communication contains information of a highly sensitive nature that may be distressing for some people.

Dear parents and carers

I am writing to you from the Department of Education about a matter that has caused great harm to individuals and families, that of child sexual abuse.

The Department of Education recently completed a review of legal claims relating to historical sexual abuse in government schools across Victoria that occurred before the year 2000.

This was so the department could understand and share information with the community about historic cases of sexual abuse.

The intended outcomes of this work was to be more open about this issue with school communities and to better understand what happened in the past so we can ensure we are doing all we can to ensure all students now enrolled in Victorian government schools are safe.

The report that was written is now available online here ([Systemic Review into Historical Child Sexual Abuse in Victorian Government Schools](#)).

The reason I have asked your school to pass on this information is that your school (or a school that merged or was renamed to later become your school) is one of the 201 schools mentioned in the report as schools one or more former students reported that they were abused by a former staff member when they were a student in the past.

I want to emphasise this report is about abuse that happened before the year 2000; it is not about any current child safety concerns at your school and it does not relate to any current teachers in Victorian government schools.

The Victorian government has also released a related report from a forum that was set up to enable victim-survivors of sexual abuse in Victorian government schools to tell their story. The forum created a public record of those experiences that is available online (see: [Forum for Truth and Recognition](#)), together with the Victorian government's response to both the forum and the review I referred to earlier, which is available online here: ([response](#)).

Schools are, and always should have been, a place where children deserve to be safe. It is wrong that this has not always been the case.

The Premier of Victoria will formally apologise to victims and survivors who experienced child sexual abuse in government schools. The Apology will take place in Parliament on Thursday 30 July 2026. For more information on the Apology and livestream events, visit: [Parliamentary Apology to victim-survivors](#).

As the Department of Education, we are committed to doing all we can to ensure our schools are places of safety, security and belonging for all our students.

One way in which we can do that is by creating a culture where children and parents and carers feel safe to speak up about any concerns.

You can read your school's child safety policies on your school's website. You can contact your principal with any feedback on the policies or ideas you have about child safety.

There are also some great resources for parents and carers on how to discuss these issues with children on the National Office for Child Safety's website:

- [One Talk at a Time | National Office for Child Safety](#)
- [Having conversations | National Office for Child Safety](#)

Anyone who has experienced any form of abuse as a student at a Victorian government school can report it to the department and Victoria Police.

This helps hold perpetrators to account and ensures that victim-survivors can access the support they need and deserve. For further information about reporting, visit: [Report child sexual abuse in Victorian government schools | vic.gov.au](#).

The department also has a webpage for former students who experienced child sexual abuse by an adult in a government school: [Victim-survivor support for former students | vic.gov.au](#).

Thank you for reading this message. I understand that this topic can be very distressing and can trigger a range of emotions that will impact people in different ways. There is a list of community resources at the end of this message.

If you have any questions about the reports or the apology, you can contact the department's Restorative Engagement and Support team:

- email: rest@education.vic.gov.au
- phone: (03) 9057 4500.

Yours sincerely

Dr David Howes
Deputy Secretary, Schools and Regional Services
Department of Education

Community supports

Lifeline: 24 hour crisis support and suicide prevention line for anyone experiencing emotional distress. Phone 13 11 14 or text 0477 13 11 14 or visit: www.lifeline.org.au
<https://www.lifeline.org.au/>

Kids Helpline: Free, private and confidential telephone and online counselling service specifically for young people aged between 5 and 25 in Australia. Kids Help Line also offers support to parents. Phone: 1800 551 800 or visit kidshelp.com.au

13 Yarn: National crisis support line for mob who are feeling overwhelmed or having difficulty coping. They offer a confidential one-on-one yarning opportunity with a Lifeline-trained Aboriginal & Torres Strait Islander Crisis Supporter. Phone 13 92 76 or visit: www.13yarn.org.au

Rainbow Door: Free specialist LGBTIQ+ helpline providing information, support and referral to all LGBTIQ+ Victorians, their friends and family. Phone 1800 729 367, text 0480 017 246 or email support@rainbowdoor.org.au or visit: www.rainbowdoor.org.au

Sexual Assault Services Victoria: Your local specialist sexual assault service can be found by phoning 1800 806 292 (24/7) or visit: www.sasvic.gov.au